HOW DO YOU CARE FOR A PERSON WITH DUCHENNE MD?

• The current standard of care for DMD includes treatment with corticosteroids, giving physical therapy, taking care of the heart, and should be provided by a multidisciplinary team.
• The 2018 Care Considerations provide clinicians with the Standard of Care to be implemented when caring for people living with DMD.
• People with DMD need to be extra careful if they have a fall or bump into something because they are at a higher risk for Fat Embolism Syndrome (FES) in case of a fracture.

IS THERE A CURE OR TREATMENT FOR DUCHENNE MD?

• There are currently 9 (conditionally) approved treatments for DMD that aim to slow down disease progression.
• There is no definitive ‘cure’ for DMD. Muscle tissue that is lost cannot be restored.
• Research efforts are focused on developing disease-modifying therapies, for example gene therapy, exon skipping, and gene editing techniques, to restore or add the missing or defective dystrophin protein.